



Australian Curling Federation

Coaching Pathway Document

Three levels of coaching in Australia – as created in consult with Bill Tschirhart from Curling Canada (similar to Canada Curling Program)

Coaching Instructor (Introduction to Instruction)

This course is suitable for those wishing to get involved in curling instruction and coaching beginners. It is offered once every two years by an instructor from Curling Canada and can be completed in 24 hours, over three days. A certificate upon completion will be awarded.

The course will cover the following topics:

1. Introductions and reasons for taking the course, game orientation, getting physically ready to curl, delivery basics, brushing.
2. Basic strategy, tactics, ethics, team dynamics.
3. On ice inspirational activities: making curling first of all fun to play, pedagogy.

Competitive Coach (Advanced Instruction)

This course is suitable for those who have participated in the Coaching Instructor course or a similar course and who have worked with club curlers within their state. It is offered once every two years by an instructor from Curling Canada and can be completed in 24 hours, over three days. A certificate upon completion will be awarded.

The course will cover the following topics:

1. Role of the Coach, delivery fault analysis, advanced brushing
2. Goal setting, advanced team dynamics, competition planning
3. Building a championship team, mental preparation, advanced strategy and tactics

High Performance Coach

This course is suitable for those who have completed the previous two courses or similar courses offered by national curling federations. It is intended for coaches who lead national teams. It is offered internationally and organised by the ACF on a demand basis.